

Simple Exercises in Expression

(Arm/Hand Weight Control)

Moderato (♩ = c. 96)

Chet Chwalik

The first exercise is a piano piece in common time, marked Moderato with a tempo of approximately 96 beats per minute. It consists of seven measures. The right hand plays a sequence of chords, with fingering indicated above the first measure: 5, 3, 1. The dynamic markings for the right hand are *p*, *mp*, *mf*, *f*, *mf*, *mp*, and *p*. The left hand plays a steady eighth-note accompaniment. The piece concludes with a fermata over the final chord.

Moderato (♩ = c. 96)

The second exercise is a piano piece in common time, marked Moderato with a tempo of approximately 96 beats per minute. It consists of five measures. The right hand plays a sequence of chords. The dynamic markings are *p*, *f*, and *p*. A hairpin indicates a crescendo from the first measure to the second, a decrescendo from the second to the third, and another crescendo from the third to the fourth. The left hand plays a steady eighth-note accompaniment.

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(Arm/Hand Weight Control)

Moderato (♩ = c. 96)

1

p *mp* *mf* *f* *mf* *mp* *p*

5

Detailed description: This musical exercise is in 4/4 time with a tempo of Moderato (♩ = c. 96). It consists of seven measures of music. The first measure is marked with a finger number '1' above the treble clef. The dynamic markings are *p* (piano), *mp* (mezzo-piano), *mf* (mezzo-forte), *f* (forte), *mf* (mezzo-forte), *mp* (mezzo-piano), and *p* (piano). The melody in the treble clef is a series of eighth notes, and the bass clef provides a steady accompaniment of eighth notes.

Moderato (♩ = c. 96)

p *f* *p*

Detailed description: This musical exercise is in 4/4 time with a tempo of Moderato (♩ = c. 96). It consists of five measures of music. The first measure is marked with a dynamic of *p* (piano). The second measure begins a crescendo, leading to a dynamic of *f* (forte) in the third measure. The fourth measure begins a decrescendo, leading to a dynamic of *p* (piano) in the fifth measure. The melody in the treble clef is a series of eighth notes, and the bass clef provides a steady accompaniment of eighth notes.