



# The Tuning Note Music Studio

(324 3/30 2-319)

## 3 to 5 to 10x THE TUNING NOTE MUSIC STUDIO

Jazz Trumpet Students of Chet Chwalik

lessons@TheTuningNote.com

JWXS



(2)

3C (King) 2KB

DATE: 3/20/20 NEXT LESSON: 4/10/20 NEXT MASTER CLASS: \_\_\_\_\_  
(Start: \_\_\_\_\_ End: 3:10)

**PRACTICE SUGGESTIONS:** BELL UP! - TAKE BIG BREATHS (no 'bad' air) - NO PUFFY CHEEKS  
GET SET (both lips in mouthpiece) - BREATHE FROM CORNERS OF MOUTH - PENDULUM BREATH (don't hold it back)  
FINGERTIPS IN THE MIDDLE - NO HARD PRESSURE (R.H. pinkie out) - CURVE YOUR FINGERS - KEEP VALVES ALL THE WAY DOWN  
SIT ON FRONT OF 1/3 OF CHAIR - SIT UP STRAIGHT - UNCROSSED LEGS - NO ELBOWS INTO SIDES  
**DAILY:** LOTS OF LONG TONES! (don't hold any air back) - SLURS - TONGUING EXERCISES - SET DAILY GOALS  
TIME IS MORE IMPORTANT THAN 'RIGHT NOTES' - LISTEN, LISTEN, LISTEN TO YOUR AUDIO FILES/CDs FOR CORRECT PHRASING, FEEL  
'HEAR' WHAT YOU PLAY WHEN YOU PLAY IT - REST AS YOU PLAY - WARM DOWN

to High 0

### TECHNIQUE

LONG TONES / SLURS / TONGUING  
CHROMATICS / SCALES / ARPEGGIOS  
ARBANS / CLARKE

All Major Scales:

C, G, F, D, B<sup>b</sup>, A, E<sup>b</sup>, E, A<sup>b</sup>, B, D<sup>b</sup>, F<sup>#</sup>  
N=2 W N ✓ W

### METHOD (e.g., Metronome on 2&4, Play-a-longs)

Arpeggios:  
C G F D B<sup>b</sup> A E<sup>b</sup> E A<sup>b</sup> B D<sup>b</sup> F<sup>#</sup>

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### JAZZ IMPROVISATION

### TUNES/ARRANGEMENTS

### TRANSCRIPTION(S)

"In Your..." - watch your tonguing  
"Four" -

### LISTENING/ACTIVITY

### INTERNET/APPS

### THEORY / GLOSSARY / SIGHTREADING

### PRACTICE TIMES (TOTAL = \_\_\_\_\_)

Minutes: MON \_\_\_\_\_ TUE \_\_\_\_\_ WED \_\_\_\_\_ THU \_\_\_\_\_ FRI \_\_\_\_\_ SAT \_\_\_\_\_ SUN \_\_\_\_\_  
Time of Day: \_\_\_\_\_ am/pm \_\_\_\_\_ am/pm \_\_\_\_\_ am/pm \_\_\_\_\_ am/pm \_\_\_\_\_ am/pm \_\_\_\_\_ am/pm \_\_\_\_\_ am/pm