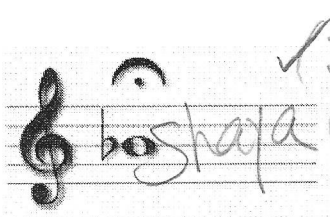

✓3/17 - 3/24
(3/24 3/31 7:35 8:35

3 to 5 to 10x

THE TUNING NOTE MUSIC STUDIO
Trumpet Students of Chet Chwalik
(916) 608-2327 - lessons@TheTuningNote.com

The Tuning Note Music Studio

DATE: 3/24/20 NEXT LESSON: 3/31/20 NEXT MASTER CLASS: _____
(Start: 7:35 End: 8:35)

PRACTICE SUGGESTIONS: BELL UP! - GET SET (both lips in mouthpiece) - BREATHE FROM CORNERS OF MOUTH (not nose) - TAKE BIG BREATHS (NO "BAD AIR") - PENDULUM BREATH (don't hold it back) - NO PUFFY CHEEKS - CURVE YOUR FINGERS - FINGERTIPS IN THE MIDDLE - HAVE VALVES ALREADY DOWN - KEEP VALVES ALL THE WAY DOWN - SIT ON FRONT OF 1/2 OF CHAIR - SIT UP STRAIGHT - UNCROSSED LEGS - ELBOWS OFF THE SIDES - DAILY: LOTS OF LONG TONES! (don't hold any air back) - SLURS - TONGUING EXERCISES (use Legato tongueing) - 'HEAR' WHAT YOU PLAY WHEN YOU PLAY IT - SET GOALS - NO HARD PRESSURE (R.H. pinkie out) - HOLD YOUR TRUMPET PROPERLY - LOOK AHEAD AS YOU PLAY - REST AS YOU PLAY - WARM DOWN

TECHNIQUE

- LONG TONES
- CHROMATICS
- SLURS
- TONGUING
- SCALES / ARPEGGIOS
- GETCHELL / ARBANS
- OTHER SCALES

Keep playing your long tones online
— keep the pitch til the end

C major c minor / G major g minor

METHOD (Rubank, Little, Arbans, Amsden)

SOE - p 8 #16, #17, #20
p 22 #88 (♩=76)

REPERTOIRE

— Sawmill Creek — Listen online
— p. 9 #27 Song of the Fjords (♩=63)

LISTENING/ACTIVITY

9 (11 a theme)

INTERNET/APPS 8

Racer

THEORY / GLOSSARY / SIGHTREADING

PRACTICE TIMES (TOTAL = _____)

	MON	TUE	WED	THU	FRI	SAT	SUN
Minutes:	_____	_____	_____	_____	_____	_____	_____
Time of Day:	_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm	_____ am/pm